



# FRYLANDS WOOD SCOUT OUTDOOR CENTRE

## Hikes Risk Assessment (please also read Generic Site RA)

Activity: HIKES		Reviewed By: Barry Goswell					Updated: Apr 2023		
Reviewed if methods change and/or after incidents, NOT reviewed annually									
Activity/Hazard	Who is at risk	Before Control Measures			Control Measures	After Control Measures			
		Likelihood 1-3	Severity 1-3	Risk Rating		Please see Generic Site Risk Assessment for explanation of risk ratings	Likelihood 1-3	Severity 1-3	Risk Rating
<b>Accidents and First Aid</b>									
Instructor Qualifications	Staff, users	2	1	2	<ul style="list-style-type: none"> <li>No specific qualifications or permits are required to run hikes in Terrain Zero, but the instructor must be fully trained and signed off, as detailed in the activity training requirements grid</li> <li>Explorer Crew aged 14 or over can supervise sessions but only if fully trained &amp; signed off, as detailed in the activity training requirements grid</li> <li>For self-led sessions, the activity must be supervised by a responsible person who takes overall charge of the session and has signed the related conditions of use. The instructor/responsible person must be 18 years old or over</li> <li>Instructors must be aware of this Risk Assessment &amp; the Generic Site RA</li> </ul>	1	1	1	
First Aid required	Staff, users	1	1	1	<ul style="list-style-type: none"> <li>Group is responsible for having their own First Aid kit</li> <li>All staff on site is first aid trained and large First Aid kits are available at Reception, Providore &amp; Crew Hut</li> <li>Leader to advise participants that no-one should go off on their own in case they get injured. Sub-groups minimum size of 4 or</li> </ul>	1	1	1	

					more ideal so a pair can get help in case of accident & one can stay with injured party • All staff aware of site emergency plan and carry a site radio			
Getting Lost	Users	3	2	6	• Group leader should do a head count at beginning, at each junction point & end of the session • Leader to advise participants that no-one should go off on their own as easier to get lost, sub-groups minimum size of 4 or more ideal • All sub-groups have at least two maps • Participants should have a phone, watch or stopwatch to know what time they should return	1	2	2
<b>Slips, Trips &amp; Falls</b>								
Tripping	Staff, users	3	2	6	• Leader to advise participants not to run in wooded areas. OK to run with care on paths & open areas	2	2	4
Weather conditions	Staff, users	2	1	2	• Heavy rain or cold weather can cause the ground to become slippery so extra care should be taken or consider not doing the activity	1	1	1

**The areas below were considered and weren't deemed a risk at the time of the assessment:**

Fire Safety	Electrical Safety	Gas Safety
Control of Hazardous Substances	Plant and Machinery	Hazardous Buildings/Glazing
Display Screen Equipment	Lighting	Manual Handling
Food Hygiene	Falls from Height	