



FRYLANDS WOOD SCOUT OUTDOOR CENTRE

Blindfold Trail Risk Assessment (please also read Generic Site RA)

Activity: BLINDFOLD TRAIL		Reviewed By: Barry Goswell					Updated: May 2024		
Reviewed if methods change and/or after incidents, NOT reviewed annually									
Activity/Hazard	Who is at risk	Before Control Measures			Control Measures	After Control Measures			
		Likelihood 1-3	Severity 1-3	Risk Rating	Please see Generic Site Risk Assessment for explanation of risk ratings	Likelihood 1-3	Severity 1-3	Risk Rating	
Accidents and First Aid									
Instructor Qualifications	Staff & users	2	2	4	<ul style="list-style-type: none"> For self-led sessions, the activity must be supervised by a responsible person who takes overall charge of the session and has signed the related conditions of use. This should ideally be someone aged 18 or over Instructors must be aware of this Risk Assessment & the Generic Site RA 	1	2	2	
Previous or current medical injury\condition	Users	2	3	6	<ul style="list-style-type: none"> Ensure that participants have no injuries or suffer with back/neck problems. Ensure no one has internal organ complaints that will be affected by the activity Anyone who feels unwell, suffering from the effects of drugs/ alcohol or pregnancy must not take part 	1	1	1	
Choking	Users	2	3	6	<ul style="list-style-type: none"> Ensure no food or drink including chewing gum etc. is being consumed during the activity 	1	2	2	
Injury due to personal belongings	Users	2	2	4	<ul style="list-style-type: none"> Ensure that the participants do not have any personal items such as phones or keys in their pockets Glasses should be removed before taking part in the activity 	1	1	1	
Failure of equipment	Users	2	3	6	<ul style="list-style-type: none"> All equipment should be checked for obvious faults before, during and after each session Any damage should be reported to the Duty Manager & the equipment should not be used until inspected, repaired & deemed safe 	1	3	3	

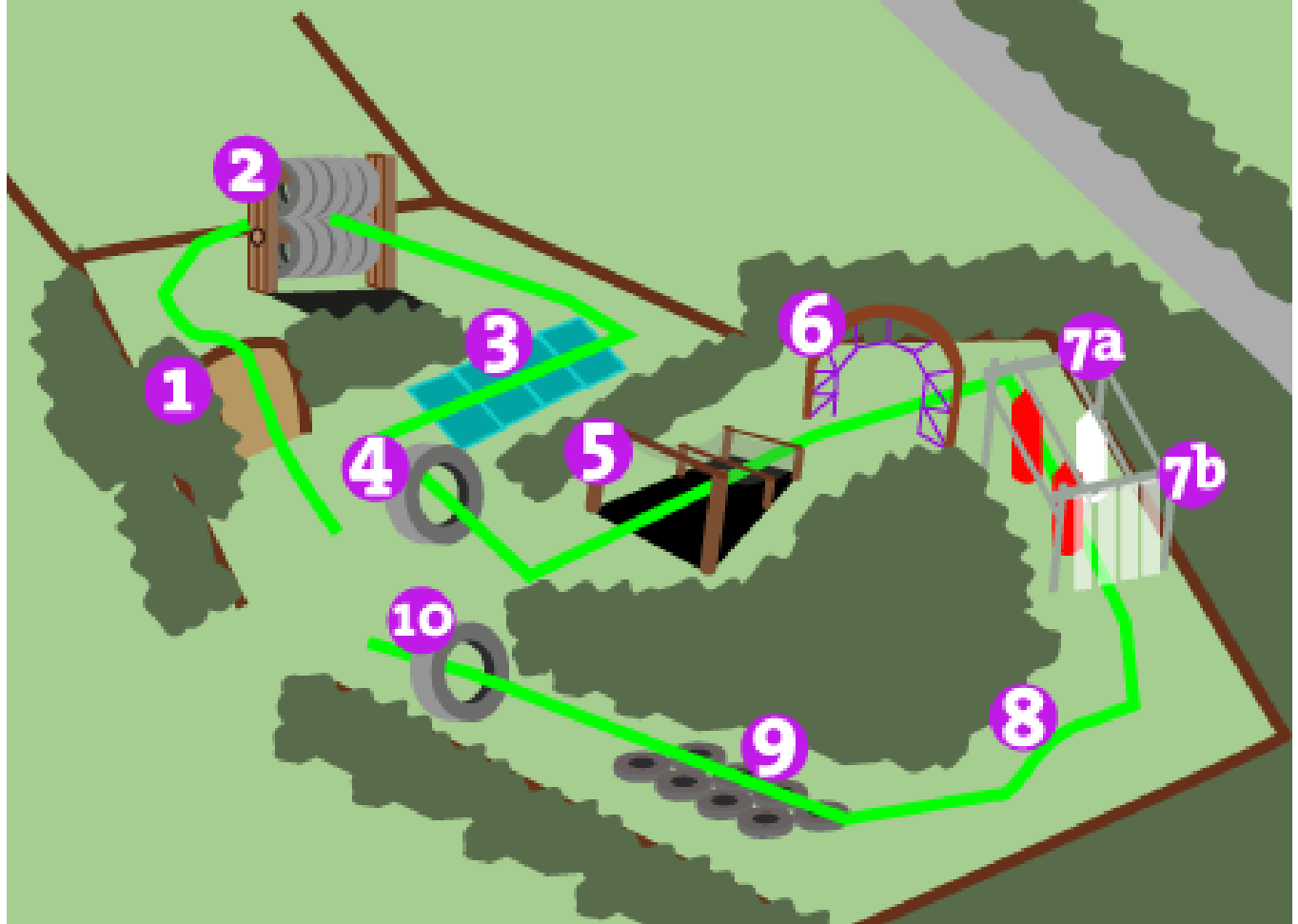
					<ul style="list-style-type: none"> • All equipment has a detailed inspection monthly & results logged 			
First Aid required	Staff & users	2	3	6	<ul style="list-style-type: none"> • Group is responsible for having their own First Aid kit. • All staff on site are first aid trained and large First Aid kits are available at Reception, Providore & Crew Hut • All staff aware of site emergency plan and carry a site radio 	1	3	3
General use of Blindfold Trail	Staff & users	2	3	6	<ul style="list-style-type: none"> • Max group size of 12 young people plus 1 adult. • Safety talk given to users at start of session by responsible adult. • No more than 2 people on each element of the trail • Each participant should pair up with a 'spotter' to warn the participants of hazards • No rushing or sudden movements to avoid bumping into obstacles 	1	3	3
Rope Burn	Users	2	1	2	<ul style="list-style-type: none"> • Rope checked for damage during daily checks. 	1	1	1
Slips, Trips and Falls								
Slips, trips and falls on obstacles and inside enclosure	Staff & users	2	2	4	<ul style="list-style-type: none"> • Visual checks before & during the session. • Rules & safety issues explained at beginning of activity. • Group leader and 'spotters' will be warning participants of potential trip hazards. 	1	2	2
Manual Handling								
Helping users on obstacles	Staff & users	2	2	4	<ul style="list-style-type: none"> • Group leader supervising sessions & other participants will be offering verbal assistance but must consider risk of personal injury when offering physical help. 	1	2	2
Lighting								
Insufficient light increases risk of accidents	Staff & users	2	2	4	<ul style="list-style-type: none"> • This activity will not be available after sun set due to poor lighting in the area. 	1	2	2
Weather								
Heavy rain, snow or ice	Staff & users	2	2	4	<ul style="list-style-type: none"> • The ground surface can become slippery. 	1	2	2

					<ul style="list-style-type: none"> • A judgement on cancelling sessions should be made in conjunction with the group leader depending on the groups age & ability. • Refer to the Duty Manager if in doubt. 			
Thunder & Lightning	Staff & users	1	3	3	<ul style="list-style-type: none"> • Due to part of the course being made out of metal scaffold poles. The activity should not take place in the event of thunder and lightning. 	1	1	1
Risks Specific to each Obstacle (see Map at the End of the Document)								
Obstacle 1 – Dirt hump								
No specific hazards found, see generic risks above								
Obstacle 2 – Tyre Roller								
Head collisions	Users	3	2	6	<ul style="list-style-type: none"> • Tyres are made from rubber to cushion blow. 	2	1	2
Falling from height	Users	2	2	4	<ul style="list-style-type: none"> • There is a rubber chipping cushion underneath the obstacle to land on. • Instructions are to use your hands on the mat to support the rest of your body going through the tyres. • Users are instructed to go through headfirst, face down. 	1	1	1
Obstacle 3 – Quicksand								
Falling or tripping	Users	3	1	3	<ul style="list-style-type: none"> • 'Quicksand' Mats are made of foam to cushion the falls. 	2	1	2
Obstacle 4 – Tractor Tyre								
Head collisions	Users	3	1	3	<ul style="list-style-type: none"> • Tyres are made from rubber to cushion blow. 	2	1	2
Obstacle 5 – Crawl Net								
Falling from height	Users	3	2	6	<ul style="list-style-type: none"> • Users are instructed not to climb on the apparatus • Apparatus has been built to be obvious that the route goes under the net instead of above 	1	2	2
Obstacle 6 – Spiders Web								
No specific hazards found, see generic risks above								
Obstacle 7A – Punchbag Alley								
Collision from punch bags	Staff & users	3	2	6	<ul style="list-style-type: none"> • Punch bags are made from spongy material • Participants are instructed not to swing the bags around. 	3	1	3
Collision with metal frame	Staff & users	2	2	4	<ul style="list-style-type: none"> • Frame has foam covers to cushion blows 	1	1	2

Obstacle 7B – Flappy door									
No specific hazards found, see generic risks above									
Obstacle 8 – Downward slope									
No specific hazards found, see generic risks above									
Obstacle 9 – Tyre Stepping Stones									
Falling or tripping	Users	3	1	3	• Tyres are made from rubber to cushion blow	2	1	2	
Obstacle 10 – Tractor Tyre 2									
Head collisions	Users	3	1	3	• Tyres are made from rubber to cushion blow	2	1	1	

All the items below were considered in this checklist and weren't considered a risk at the time of the assessment:

Plant and Machinery	Fire Safety	Gas Safety
Display Screen Equipment	Food Hygiene	COSHH
Hazardous Buildings/Glazing	Electrical Safety	



1 Dirt Hump

2 Tyre Squeezer

3 Quicksand

4 Tractor Tyre

5 Crawl Net

6 Spiders Web

7a Punchbag Alley

7b Flappy Door

8 Downward slope

9 Tyre Slalom

10 Tractor Tyre 2